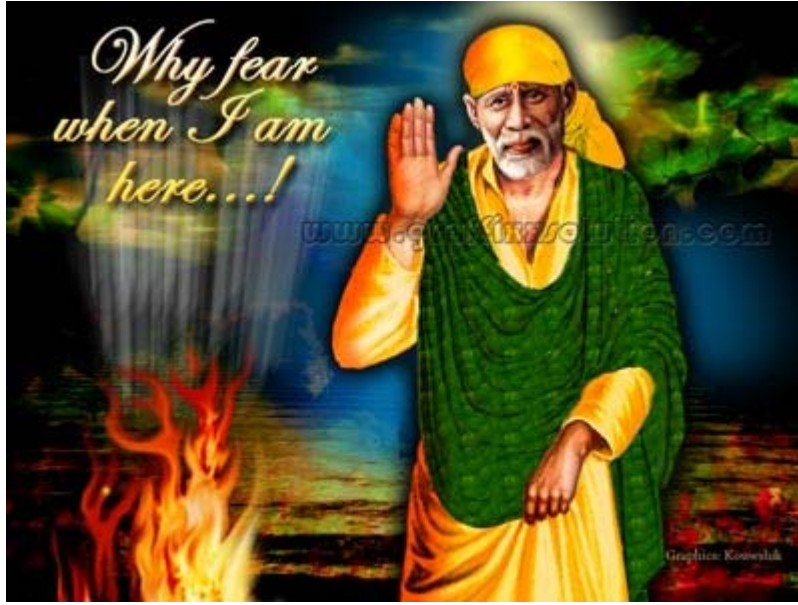


A leela of Baba experienced recently



Sai Ram Dear Sai Family,

My pranam to the lotus feet of Sathguru Sai Maharaj.

I am Kouwshigan writing from Colombo, Sri Lanka. I want to share A leela of Shirdi Baba experienced by me recently.

As you know that I had a heart attack & was admitted in ICU last 5th of February. I was there in ICU for 7 days then discharged home. But doctors confirmed that I had heart attack and advised me should rest at home for at least 45 days continuing my prescribed medicine.

So, I was at home all these days & kept reading the holy Sai Satcharitra which I had started when I was put up in ICU and also continued reading the holy book after discharge from the hospital.

One day, middle of February my wife Subha asked me to restart meditation which I had given up one & half years back as per my heavy designing work as I go to sleep some times 12 midnight or 1 or 1.30 early morning, so because of this, I could not get up very early morning for meditation and it had a stop.

Finally I made up my mind & restarted meditation again on the Shivarathri day, the 23rd of February.

While I was meditating this time after my heart attack, I use to always visualize that I am

in Chavadi in front of Baba & Baba is applying Udi on my chest & is lovingly saying to me 'EVERY THING WILL BE FINE'. I will feel at peace.

So, once I finish my meditation, I would chant MAHAMRUTHUNJAYA MANTHRA & GAYATHRI MANTHRA 9 times each. This chanting I used to perform from those days & till now I am continuing.

Meanwhile, I was nearing the completion of SAI SATCHARITRA except few chapters.

Earlier, when I was in the hospital, a test was planned to be done on 2nd of April (A RUNNING EXERCISE TEST WITH ECG in which the doctors could find whether blockages are there.) and we both were very very scared when the days were nearing.

Usually I am quite scared for even having an injection which I used to have but now I was very scared for operations & surgeries. So, during my prayers & meditations, I would firmly pray to Baba to avoid any blocks.

So, after every meditations, I used to apply Udi on my chest & taken little with water as Theertha.

During this period, I was called by the assistant doctor of cardiologist & he suggested me that the test can be done on 20th morning (last Friday) at 9 a m which was planned to do on 2nd of April.

When we received the call from the doctor, we were quite upset & many things were going on in our minds.

Then, Friday I got up early morning & meditated as usual to Baba, then I opened the SAI SATCHARITHA & found that was the last chapter to be completed. I completed my Sai Satcharitra & got ready for the test with tension somewhere in my mind.

Reached hospital, and when my turn came, my pressure went up & I was really panicked. While I was running.....I keep on chant those two manthras.... And was visualizing Baba.....all the time , Doctor was checking on me with all the 4 stages of running -which were quite difficult for me as I did not do any exercise during these 45 days as per doctors advice.

Finally I went to the doctor to know about the report of the tests, then he said....."EVERY THING IS NORMAL AND THE REPORT IS NEGATIVE, THERE ARE NO SYMPTOMS OF BLOCKAGES" and then he said that I could go to my teaching classes, do swimming & even ride my scooty. Oh god.... We were so happy & the final report gave us a real relief from the tense situation where so many thoughts were running inspite of the belief that Baba is taking care.

So before this examination, on 19th evening I received a mail by a Sai Bhakth name Ireni, requesting all of the devotees, commonly, who want send prayers requests which

she/he would like to place at SAI's lotus feet at Shirdi on Saturday, 21st March 2009. And she/he expressed her excuse for the short notice; and her/his trip itself was so unexpected and beyond control and requested us to send it before 4pm IST of 20th March.

So, when I read the mail, I sat in front of my laptop & wrote a prayer and sent at that minute. It was 19th and the prayers would be reaching only Saturday. My test was performed on Friday morning at about 10 am.

Here I think, when I was writing the prayer to Baba, HE would have received it & accepted the prayer there and than.

So, I strongly believe that Baba's Udi ,Sai Satcharitra reading & the prayers that we and our Sai friends did- save me from the blockages. Now, I am perfectly all right & started my works.

My Pranams & thanks to BABA & you all for my speedy recovery.

Sairam,
Kouwshik
Colombo, Sri Lanka